



Springfield Celtic Festival and Games

June 24, 2006

Scottish and Irish Heritage Celebration



Scottish and Irish strongmen from across Michigan will be showing their skills June 24 at the First Annual Springfield Celtic Festival and Games. Along with listening to the sounds of pipes and Irish bands at the festival the spectators will be amazed while watching 16 Celtic strongmen compete against each other in seven traditional strength competitions. Competitors will be tossing the stone, throwing 28 and 56 pound weights for distance and height, throwing the hammer, tossing the sheaf and flipping the famed caber, a 20 foot long 120 pound pole that competitors must flip end over end. Additionally, the competitors will be inviting the audience to join them in two special events to be announced later. Start training those muscles now. The athletes will explain the history, technique and skill involved in each of the events during the festival.

The competitors hail from all areas of Michigan and represent various skill levels in Celtic strength athletics and ages from 18 to 58.

Adhering to the rules of Scottish strength athletics, the athletes will all be wearing their family kilts during competition.

The Celtic strength competitors date back to at least the 1300's, when Scottish kings and chiefs would hold contests within the kingdom and individual clans to determine who their strongest men were. During the time of English occupation of Scotland, the games also served as a way for Scottish soldiers to train for combat, without alerting the English.

Other performers scheduled to attend are the Grand Traverse Highland Pipe and Drum Band, Frogwater, an Irish duo from Wisconsin, The Charlevoix Boys, from Charlevoix, and Tanglemere, another Irish Band from Northern Michigan.

There will also be demonstrations of Irish and Scottish dancing. Everyone is encouraged to give it a try.

Food will be provided by the Friends of the Springfield Recreation Area and **IS FREE OF CHARGE.**

The events take place at the Springfield Recreation Area at the Corner of Lund and Creighton Roads in Fife Lake. Map enclosed. **ADMITTANCE IS FREE TO ALL!!**

Donations and Sponsors are needed. All proceeds benefit Springfield Recreation Area for maintenance and future events.

For more information call Laura White 879-3603, Jeremy McBain 231-237-9543, Jeff



K. Pauli-Caber



C. Braun-Sheaf



R. Vierra-Braeman Stone



R. Troupe-Hammer Throw

1st Annual Springfield Celtic Festival and Games

When: June 24, 2006

Time: 10 am to ??????

Where: Springfield Recreation Area
Corner of Lund & Creighton Roads Fife Lake MI

Featuring: Highland Heavy Athletics, Grand Traverse
Tanglemere, Frog water, Charleix Boys, and Irish and Scottish Dancers

Free Admission

Pipes and Drums.



For More Information Call:
Jeff White Laura White
369-2685 879-3603